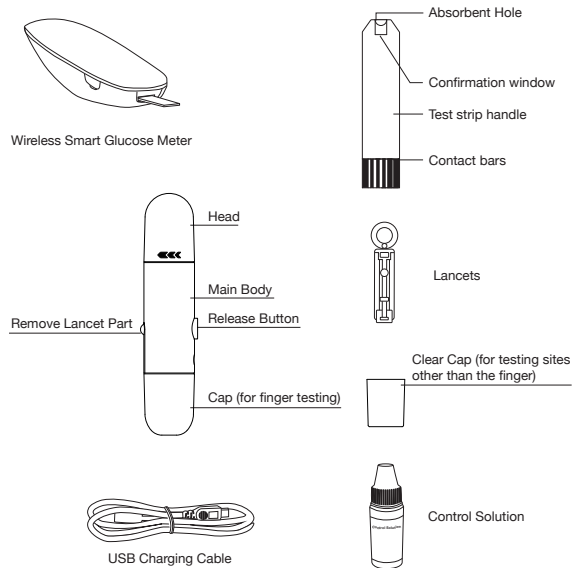**IMPORTANT:** Refer to the iHealth Wireless Smart Gluco-Monitoring System's Owner's Manual for more detailed instructions on how to test blood glucose levels.

PRE-SET UP INSTRUCTIONS
• iOS device is compatible and is version V5.0 or higher.

Wireless Smart Gluco-Monitoring System PACKAGE CONTENTS

Wireless Smart Glucose Meter

Head
Main Body
Release Button
Remove Lancet Part
Cap (for finger testing)

USB Charging Cable

Absorbent Hole
Confirmation window
Test strip handle
Contact bars

Lancets

Clear Cap (for testing sites other than the finger)
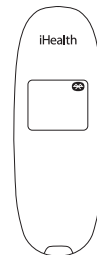
Control Solution

DOWNLOAD THE FREE iHealth APP
Prior to first use, download and install the free App "iHealth Gluco-Smart" from the App Store. Follow the onscreen instructions to register and set up your personal account.

Connect the Glucose Meter to your iOS Device via *Bluetooth*
• Press and hold the "Memory" button for 3 seconds to turn the meter on. At the same time, turn on *Bluetooth* function on your iOS device.
• In the *Bluetooth* menu, select the model name "BG5xxxxxx" and "Not Paired" to pair and connect. When the " 🔗 " symbol appears on the meter, the meter is in *Bluetooth* communication mode.
• Each subsequent time you use the meter "Not Connected" will be displayed next to "BG5xxxxxx" in the *Bluetooth* Menu. Tap "Not Connected" to reestablish the *Bluetooth* connection.

iHealth

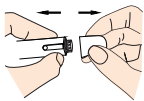### MEASUREMENT INSTRUCTIONS

Step 1: Open the Bluetooth capabilities of the IOS device
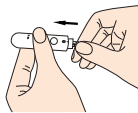
Step 2: Scan QR Code on Top of the Test Strip Vial
When you are ready to open a new test strip vial, you must scan the QR Code on it. It is unnecessary to scan the QR Code for each test

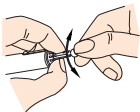**Step 3:Insert the test strip in the meter's Strip Port to turn on the meter**
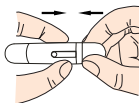
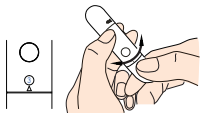**Step 4: Prepare the Lancing Device**

Pull off the lancet device cap

Insert a new lancet firmly into the lancing device cup holder
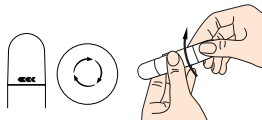

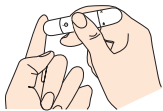Twist off the lancet protective disk

Replace the lancing device cap

Set a lancing level

Lock the handle

Puncture your fingertip

Step 5: Obtain a Blood Sample
Press the lancing device against the site to be lanced. Press the release button to puncture your fingertip. Gently squeeze and/or massage your fingertip until a round drop of blood at least 0.7 micro liter forms on your fingertip.

Note: For Alternative Site Testing and Control Solution Testing, it is recommended that you read the iHealth Wireless Smart Gluco-Monitoring System's Owner's Manual.

Step 6: Apply the Blood Sample to the Test Strip
Apply the blood sample to the absorbent hole of the test strip. Make sure the confirmation window of the test strip is completely filled with the blood sample. Follow the on-screen instructions in the App to complete the blood glucose testing.

Step 7: Remove Test Strip from the Blood Sample
Your iOS device will beep when you should remove the test strip from the blood sample.

Step 8: Read the Test Results
Wait for about 5 seconds, your blood glucose result will appear on the iOS device screen.

Step 9: Discard the Used Test Strip and Lancet
Remove the used test strip from the glucose meter using a small amount of tissue paper. Discard the used test strip and lancet properly. (Tip: Stick the lancet in the protective disk and dispose properly.)