

Simple tips, instructions and guidelines for iPro2 use

Blood glucose (BG) testing

- On the first day:
 - Take your first BG meter reading at least 1 hour after you leave the physician's office.
 - Take a second BG meter reading at least 3 hours after you leave the physician's office.
 - Collect at least one more meter reading before going to bed.
- Collect at least 4 BG meter readings each day, such as before breakfast, lunch, dinner, and bedtime.
- Do not change any settings on your meter during the study, even if a daylight savings time change occurs.
- Use the same blood glucose meter for all BG meter readings.
- Do not let anyone else use your meter during the study.
- Do not use control solution during the study.

Log sheet entries

- Write down your BG meter readings, food or drink and number of carbohydrates, physical activity and duration, medications and dosages, and other events (such as feeling hypoglycemic, stress, or illness).
- Keep the log sheet with you at all times so you can write down the information immediately after each event. Record the time and date within 5 minutes of each BG meter reading.

Care and wearing

- Live your life with your normal behaviors. If you normally exercise, then exercise.
- Keep tape over the sensor and iPro2 to prevent accidental removal or sensor movement. If the sensor comes out even a small amount, it may stop working. If new tape is needed, just put it over the existing tape. If the sensor comes out, place the sensor and iPro2 into a plastic resealable bag and notify your physician's office.
- Check the site 4 times a day to ensure that the sensor and iPro2 are firmly connected, the sensor is still fully inserted, and there is no bleeding or irritation.
- If the sensor is partly pulled out, attempt to gently push it back into place.
- Remove the sensor if you have redness, pain, tenderness, or swelling at the site, and notify your physician's office.
- You may shower and swim while wearing the iPro2 and sensor. The iPro2 is watertight at a depth of up to 2.4 meters (8 feet) for 30 minutes. There is no time limit if you are swimming on the surface of a pool or showering.
- Insulin should be injected at least 7.5 centimeters (3 inches) away from the sensor insertion site, and insulin pump infusion should be at least 5 centimeters (2 inches) from the sensor insertion site.
- The iPro2 and sensor must be removed prior to an x-ray, CT scan or MRI.